

Statement on the 3rd World Health Organization Discussion Paper on a  
Global Monitoring Framework and Voluntary Global Targets for the Prevention and Control  
of Noncommunicable Diseases by five civil society organisations concerned with  
healthy diets and nutrition, October 26th 2012

**Based on our concern with promoting healthy diets and nutrition, we call on  
Member States to:**

- Support the World Health Organization (WHO) in establishing and resourcing a robust Global Monitoring Framework.
- Adopt a comprehensive set of targets to reduce the leading risk factors for noncommunicable diseases (NCDs), accompanied by a series of indicators to monitor progress towards these targets. This is necessary in order:
  - a. that the WHO can provide clear, science-based guidance on what targets and indicators are needed from a health perspective; and
  - b. to ensure an adequate menu, which Member States can adapt to their national circumstances in light of the complexity of NCDs as a public health issue.
- Link these targets and indicators closely with the 2013-2020 Global Action Plan for NCDs, currently under development.
- Support the inclusion of adequate targets and indicators that relate to unhealthy diets, physical inactivity and alcohol.
- Note that relevant aspects of diet and nutrition to NCDs comprise intake of saturated fat, trans fatty acids, energy (calories) including total fat and added sugars, salt, plant foods including fruits and vegetables, alcohol, overall alignment with national and/or international dietary guidelines, physical inactivity, overweight/obesity (among different age groups), blood pressure, blood cholesterol and breastfeeding.
- Note that while we support the adoption of a comprehensive set of targets and indicators, the most commonly supported targets from our organisations are those on salt, obesity, physical inactivity, and alcohol, with accompanying indicators.
- Indicators which are particularly supported are those on fruit and vegetable intake and marketing to children.
- Support these targets and indicators in order to reduce the risk created by unhealthy diets, alcohol and physical inactivity, while also ensuring adequate inclusion of treatment and care in the Global Monitoring Framework and Voluntary targets.
- Agree on a rigorous reporting system.

**Contact**

**Corinna Hawkes (Head of Policy and Public Affairs) [c.hawkes@wcrf.org](mailto:c.hawkes@wcrf.org)**  
**Jo Jewell (Policy and Public Affairs Manager) [j.jewell@wcrf.org](mailto:j.jewell@wcrf.org)**  
**WCRF International, 22 Bedford Square, London, WC1B 3HH**  
**+44 (0) 20 7343 4200**

