



PEDAL'S WIGGLE, HOP AND CREEP GAME

This is a really fun board game to play with family or friends and it helps you get your 60 minutes of exercise each day!

TO MAKE THE SPINNER, YOU WILL NEED:

- card
- glue
- a split pin (ask an adult)
- a small bead
- scissors



HOW TO MAKE THE SPINNER:

1

Print our spinner and arrow template on the next page. You can also draw your own if you'd prefer.

Roughly cut out the spinner and the arrow and glue them onto some card.

Then cut them out again, this time following the line.

2

Make a hole in the centre of the arrow and the spinner using a sharp pencil.

Get an adult to help you with this, if you find it difficult.

3

Attach the arrow to the spinner using a split pin, placing a bead between the arrow and the spinner.

Make sure the arrow rotates freely.

Now you are ready to play!

HOW TO PLAY:

This game can be played with two or more people.

The first person spins the arrow. Without showing the other players, see which animal it lands on.

Now, act out that animal for everyone else to guess!

Whoever guesses first goes next.

Have fun!



WIGGLE, HOP AND CREEP GAME TEMPLATE

Spin the arrow and have fun acting out the animal that the spinner chooses for you.

