## NOURISHING policy index

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This country snapshot presents detailed results of the **NOURISHING policy index** [1] for Slovakia. It highlights strengths and weaknesses in the design of national government nutrition policies. This snapshot supplements the policy index results with an in-depth look at the quality of policy design in each country. Full policy index results are outlined in the NOURISHING policy brief, which compares Slovakia to 29 other European countries.

## Main messages

- 1 Slovakia implements policy actions in only five out of the ten policy areas of the NOURISHING framework. Of these five policy areas, the highest assessment achieved was moderate in standards on food in schools and other specific locations (O), showing important gaps and weaknesses in nutrition and diet-related policy.
- 2 Notable gaps were identified in food and drink availability within the immediate vicinity of schools and other out-ofeducation settings, which impacted otherwise well-designed standards for food offered in schools (O). Similarly, a lack of public awareness campaigns that increase healthy eating (I2) led to a fair assessment in the policy area, which also includes food-based dietary guidelines. Much more needs to be done in food marketing and advertising to young people (R) to decrease exposure particularly in/around schools.
- **3** As no policy action was taken in five policy areas, coupled with weak policy design throughout the entire framework, greater action is needed in all policy areas. Priority should be given to areas where no policy action was identified, specifically creating a healthier retail and food service environment (S), public food procurement and other supply chain actions (H), limits or removal of specific nutrients in food products (I1), nutrition education and skills (N2), and nutrition counselling in healthcare (G).

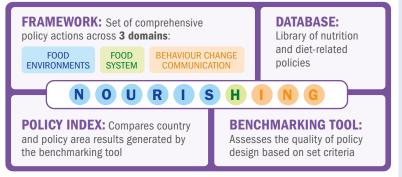
Overview of policy status	NO POLICIES IDENTIFIED	POOR	FAIR	MODERATE	GOOD	EXCELLENT	
Nutrition label standards and regulations on the use of claims and implied claims on food						FAIR	
Offer healthy food and set	standards in public ins	stitutions and	other specific	c settings	MOD	ERATE	
U Use economic tools to add	U Use economic tools to address food affordability and purchase incentives						
<b>R</b> Restrict food advertising a	Restrict food advertising and other forms of commercial promotion						
Improve nutritional quality	Improve nutritional quality of the whole food supply						
S Set incentives and rules to	Set incentives and rules to create a healthy retail and food service environment					NO POLICIES IDENTIFIED	
H Harness supply chain and	Harness supply chain and actions across sectors to ensure coherence with health				NO POLICIES IDENTIFIED		
Inform people about food	Inform people about food and nutrition through public awareness				FAIR		
Nutrition advice and couns	Nutrition advice and counselling in healthcare settings					NO POLICIES IDENTIFIED	
G Give nutrition education a	Give nutrition education and skills						

This snapshot is based on national level policies only. Policies issued by provincial, regional or local governments are outside the scope of this project.

## Methods

The NOURISHING policy index methods are fully explained in the associated **policy brief**. In short, the policy index combines values for a) policy presence, and b) policy design for 41 benchmarks.

The benchmarks are applied to policies in the **NOURISHING database** [2], collected through a comprehensive scan in 30 European countries, including Slovakia.



Policy tools used to produce the policy index results

Nutrition policy status in Slovakia

eak	down of policy index results	(For full	details o	on the policy design criteria, consult the policy l	brief		
<ul><li>No policy identified</li><li>Meets up to 25% of policy design</li></ul>		Meets up to 75% of policy design Meets up to 99% of policy design					
	Nutrients on back of pack			Planning restrictions regarding food service outlets around schools	>		
	Front of pack labels	X		Planning restrictions on food service	>		
	Warning labels	X	S	outlets Initiatives to increase the availability			
Rules on nutrient claims				of healthier food in stores and food service outlets			
	Rules on health claims Food and drink available in schools, including restrictions on unhealthy foods			Measures to support food producers to increase healthy food and decrease unhealthy food in the supply chain	>		
Measures relating to sugar-sweetened beverage provision in schoolsFruit and vegetables initiatives in schoolsFood and drink available in immediate vicinity of schoolsUnhealthy food in out-of-education locations		<ul> <li></li> <li>×</li> <li>×</li> </ul>		Measures to support food manufacturers to increase healthy food and decrease unhealthy food in the supply chain	>		
			H	Measures to support food retailers to increase healthy food and decrease	>		
				Governance structures for multi- sectoral/stakeholder engagement			
	Health-related food taxes or tariffs	×		Nutrition standards for public			
Income related subsidies or initiatives to increase affordability and accessibility of healthy food		×		procurement Supporting urban agriculture in health and planning policies	>		
	Targeted subsidies or initiatives to increase affordability and accessibility			Community food production	>		
	of healthy food Marketing to young people through			Development and communication of food-based dietary guidelines			
	advertising Direct marketing to young people	×		Public awareness, mass media and informational campaigns and social marketing on healthy eating	>		
	Marketing through sponsorship to young people	×		Nutrition advice and counselling in primary care	>		
of M	Marketing to young people through point of sale measures			Nutrition advice and counselling in school healthcare setting	>		
	Marketing to young people through product placement and branding			Nutrition education in curricula	> > > > >		
Marketing to young people through		×		Training for educators	>		
	product design and packaging		G	Training for health professionals	>		
	Particuling in/ of around schools	×		Cooking skills	>		
Limit or removal of specific nutrients in food products		×		Training in schools in growing food	>		
		• •		Training for caterers	>		

Note: The policy landscape in any country evolves over time. These findings reflect our knowledge as of May 2023. To see latest results and for further technical information on the policy indexes, please consult our website: wcrf.org/our-policy-work. For feedback or suggested updates, please email policy@wcrf.org. More info in the CO-CREATE project can be found at co-create.eu

[1] Policy index: wcrf.org/nutrition-policy-index [2] Policy database: policydatabase.wcrf.org





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