Nutrition policy status in Slovenia

NOURISHING policy index



This country snapshot presents detailed results of the **NOURISHING policy index** [1] for Slovenia. It highlights strengths and weaknesses in the design of national government nutrition policies. This snapshot supplements the policy index results with an in-depth look at the quality of policy design in each country. Full policy index results are outlined in the NOURISHING policy brief, which compares Slovenia to 29 other European countries.

Main messages

- 1 Slovenia implements policy actions in nine out of the ten policy areas of the NOURISHING framework. One policy area received a good assessment, nutrient labelling (N1). Three policy areas received a moderate assessment: limits or removal of specific nutrients in food products (I1), standards on food in schools and other specific locations (O), and increasing public awareness of healthy eating (I2).
- 2 The lack of limits on the provision of sugar-sweetened beverages in schools and weak rules on unhealthy food availability in the immediate vicinity of schools affected otherwise well-designed standards for school food and food in out-of-education locations (O). Gaps and weaknesses were identified in nutrition advice and counselling in healthcare settings (N2) and increasing nutrition education and skills (G) which received a fair assessment.
- 3 Priority actions should be taken to use financial incentives to increase the availability and affordability of healthy food (U), and to improve the retail and food service environments (S). Further action should be taken to implement more policy actions within the two policy areas that receive a poor assessment: improve food marketing and advertising to young people (R) and use supply chain actions such as procurement standards to ensure between food systems and health (H).

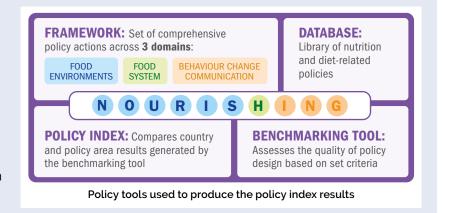
Overview of policy status	NO POLICIES IDENTIFIED	POOR	FAIR	MODERATE	GOOD	EXCELLENT
Nutrition label standards and regulations on the use of claims and implied claims on food				GOOD		
Offer healthy food and set standards in public institutions and other specific settings			MODERATE			
Use economic tools to address food affordability and purchase incentives			FAIR			
Restrict food advertising and other forms of commercial promotion			POOR			
Improve nutritional quality of the whole food supply			MODERATE			
S Set incentives and rules to create a healthy retail and food service environment			NO POLICIES IDENTIFIED			
H Harness supply chain and actions across sectors to ensure coherence with health			POOR			
Inform people about food and nutrition through public awareness			MODERATE			
Nutrition advice and counselling in healthcare settings				FAIR		
G Give nutrition education and skills					FAIR	

This snapshot is based on national level policies only. Policies issued by provincial, regional or local governments are outside the scope of this project.

Methods

The NOURISHING policy index methods are fully explained in the associated **policy brief**. In short, the policy index combines values for a) policy presence, and b) policy design for 41 benchmarks.

The benchmarks are applied to policies in the **NOURISHING database** [2], collected through a comprehensive scan in 30 European countries, including Slovenia.



Breakdown of policy index results	(For full details on the policy design criteria, consult the policy brief)			
No policy identified	Meets up to 75% of policy design			
Meets up to 25% of policy design	Meets up to 99% of policy design			
Meets up to 50% of policy design	Meets all aspirational standards			

N	Nutrients on back of pack	
	Front of pack labels	
	Warning labels	
	Rules on nutrient claims	
	Rules on health claims	
	Food and drink available in schools, including restrictions on unhealthy foods	
	Measures relating to sugar-sweetened beverage provision in schools	×
0	Fruit and vegetables initiatives in schools	
	Food and drink available in immediate vicinity of schools	×
	Unhealthy food in out-of-education locations	×
U	Health-related food taxes or tariffs	X
	Income related subsidies or initiatives to increase affordability and accessibility of healthy food	×
	Targeted subsidies or initiatives to increase affordability and accessibility of healthy food	
	Marketing to young people through advertising	
	Direct marketing to young people	X
R	Marketing through sponsorship to young people	×
	Marketing to young people through point of sale measures	×
	Marketing to young people through product placement and branding	×
	Marketing to young people through product design and packaging	X
	Marketing in/or around schools	×
	Limit or removal of specific nutrients in food products	

Planning restrictions regarding food service outlets around schools Planning restrictions on food service outlets Initiatives to increase the availability of healthier food in stores and food service outlets Measures to support food producers to increase healthy food and decrease unhealthy food in the supply chain Measures to support food manufacturers to increase healthy food and decrease unhealthy food in the supply chain Measures to support food retailers to increase healthy food and decrease unhealthy food in the supply chain Measures to support food retailers to increase healthy food and decrease unhealthy food in the supply chain Governance structures for multisectoral/stakeholder engagement Nutrition standards for public procurement Supporting urban agriculture in health and planning policies Community food production Development and communication of food-based dietary guidelines Public awareness, mass media and informational campaigns and social marketing on healthy eating Nutrition advice and counselling in primary care Nutrition advice and counselling in school healthcare setting Nutrition education in curricula Training for educators Training for health professionals Cooking skills Training in schools in growing food Training for caterers			
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Training for educators Training for health professionals Cooking skills Training in schools in growing food			×
Training for health professionals Cooking skills Training in schools in growing food	G	Nutrition education in curricula	
Cooking skills Training in schools in growing food		Training for educators	X
Training in schools in growing food		Training for health professionals	
		Cooking skills	X
Training for caterers		Training in schools in growing food	×
		Training for caterers	

Note: The policy landscape in any country evolves over time. These findings reflect our knowledge as of May 2023. To see latest results and for further technical information on the policy indexes, please consult our website: wcrf.org/our-policy-work.

For feedback or suggested updates, please email policy@wcrf.org. More info in the CO-CREATE project can be found at co-create.eu

[1] Policy index: wcrf.org/nutrition-policy-index

[2] Policy database: policydatabase.wcrf.org





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