

WE'RE ROOTING FOR YOU! QUIZ WITH SEARCHER





Which of these fruits has its seeds on the outside?

- a) Banana
- b) Strawberry
- c) Kiwi fruit



What is this?

- a) Cabbage
- b) Broccoli
- c) Spinach



What is an avocado?

- a) A vegetable
- b) A fruit
- c) A dairy food



Which one of these is also known as zucchini?

a) Celery

- b) Aubergine
- c) Courgette



Redcurrants grow in bunches. Which one of these DOES NOT grow in bunches?

- a) Apples
- b) Bananas
- c) Grapes



Which one of these can be made into popcorn?

- a) Oats
- b) Bran
- c) Corn



Which one of these can be produced from olives?

- a) Oil
- b) Milk
- c) Eggs



What colour are wax beans?

- a) Green
- b) Orange or red
- c) Yellow or purple



What part of a pomegranate do we eat?

- a) Skin
- b) Flesh
- c) Seeds



Which one of these is a member of the onion family?

- a) Garlic
- b) Potato
- c) Cucumber

Answers on the next page!

wcrf-uk.org/eat-move-learn

EAT MOVE LEARN

WE'RE ROOTING FOR YOU! QUIZ ANSWERS

How did you do?



The seeds on a strawberry are on top of the skin rather than underneath. You can grow strawberries from their seed. Find out how to grow yours here!

B





В

С

С

Broccoli is usually green and has a bushy head on top of a stalk, like trees!



B Although avocados are often eaten with tasty salads they are actually fruit and grow on trees.



Australians and Americans

call courgettes zucchini. "Zucchini" comes from the Italian word for squash ("zucca") because courgettes are a type of squash!



A **Apples grow on branches** of apple trees individually. They make a great snack and can be cooked to make a tasty dessert. Try Mixer's baked apple recipe!



When corn is heated, it

explodes from the kernel and puffs up! It can make a great homemade snack.



A Olive oil is produced from the olive fruit and is great for cooking or as a salad dressing.



С There are all types of beans, including wax beans which are sometimes purple or yellow.



С

We eat pomegranate seeds - they're pink and juicy. The flesh of a pomegranate is actually white and bittertasting.



A Garlic is a member of the onion family and has a really strong smell!



Discover even more in our A–Z of fruit and vegetables