

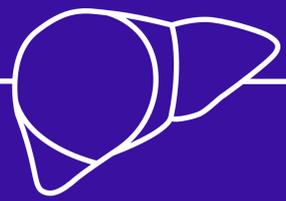


LIVER CANCER



WHAT'S MY RISK?

LIVER CANCER IS THE 8TH MOST COMMON CAUSE OF CANCER DEATH IN THE UK



THERE ARE AROUND **7,000 CASES** OF LIVER CANCER IN THE UK EACH YEAR

LIVER CANCER IS MORE COMMON IN **MEN** THAN IN **WOMEN**

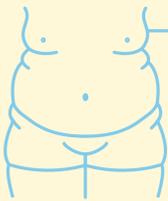


SADLY, DEATHS FROM LIVER CANCER HAVE **MORE THAN TRIPLLED** SINCE **1970**

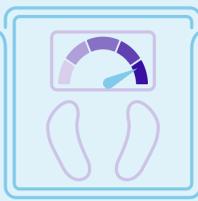


RISK FACTORS

BEING OVERWEIGHT



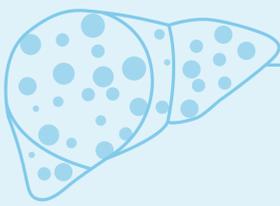
BEING OBESE



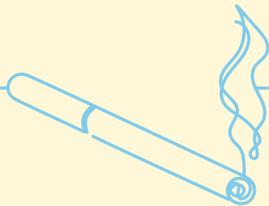
DRINKING ALCOHOL



CIRRHOSIS



SMOKING



ALL INCREASE YOUR **RISK OF** LIVER CANCER

COFFEE PROBABLY DECREASES YOUR RISK OF LIVER CANCER



WAYS TO REDUCE YOUR RISK

STAY A HEALTHY WEIGHT
DON'T DRINK ALCOHOL
DON'T SMOKE

DOING THESE THINGS WILL REDUCE YOUR RISK OF LIVER AND OTHER TYPES OF CANCERS



For more info on what can affect your liver cancer risk visit: wcrf-uk.org/liver