



What is the MOVING database?

The MOVING database is a repository of global data on physical activity policy actions, containing information on what governments around the world have implemented to encourage people to move more. The database collects policy actions from around the world which are **implemented on a national level, and are currently in effect.**

The MOVING database is structured around the **MOVING policy framework**. The framework organises the database into different policy domains, policy areas and sub-policy areas. Each letter in the word **MOVING** represents one of six areas where governments need to take action.

The MOVING database contains policy actions on active travel through walking and cycling infrastructure, access to green and open spaces, physical education in schools and much more from around the world.

World Cancer Research Fund International launched the MOVING policy framework and database in June 2020 as part of their involvement in the EU **CO-CREATE project**. The MOVING database sits alongside the **NOURISHING** database on nutrition and diet-related policy actions.



Methodology for database collection

We have a two-stage process for populating and updating the MOVING policy database as outlined in detail in our **Methods Document**.

- 1** We source and review policy actions that are intended to promote physical activity through a structured and ongoing policy scan known as the Global Scan, as well as a systematic, one-time Comprehensive European Scan of 30 countries in Europe.
- 2** We verify the details of the policy actions with in-country or regional experts to ensure the policy action is currently in effect and meets the criteria of a policy action (which are detailed in the Methods Document).